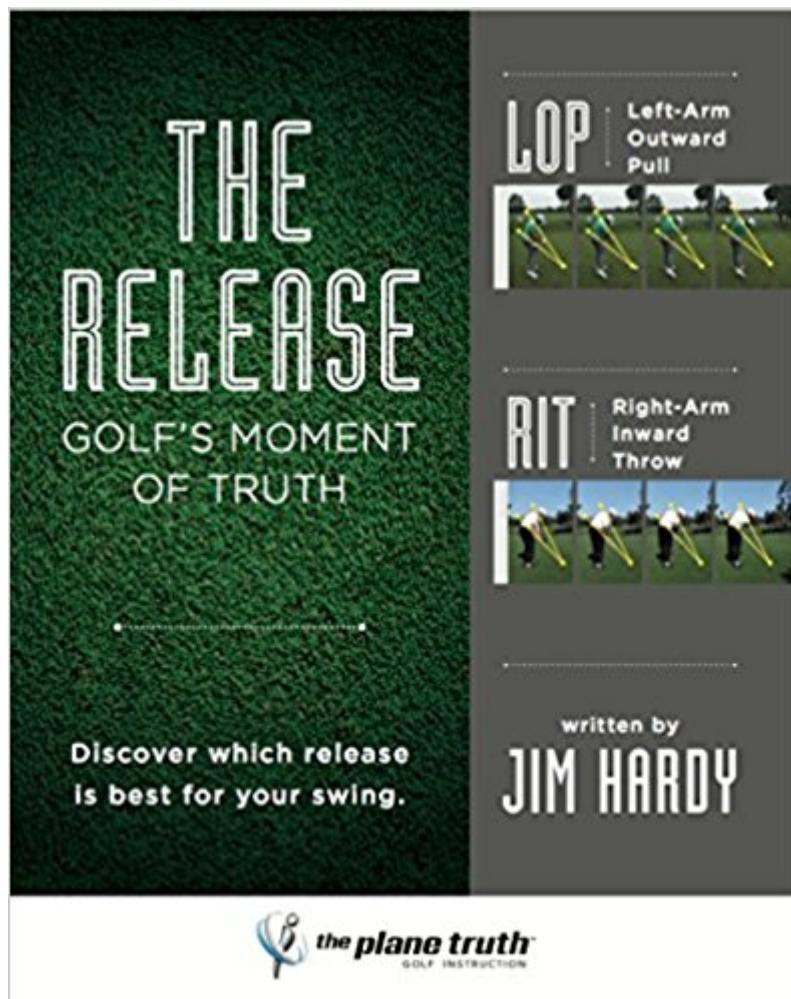


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# The Release: Golf's Moment Of Truth



## **Synopsis**

Too much of what we hear of golf instruction is either way too simple or way too complex. It is either just another tip or the instruction is so clouded in scientific language that you need an advanced degree to understand it. This book will completely explain club delivery and will teach you there are two very opposite ways to do it. Both are in the Hall of Fame and you will learn which release belongs in your game and how to correctly execute it. In his fourth and latest book, *The Release: Golf's Moment of Truth*, Jim Hardy tackles the most critical part of the golf swing. His simple, clear explanations of the two types of releases in the golf swing (RIT and LOP) will be sure to help everyone determine what is best for their swing and instantly hit the next ball better. His clear explanations using photos and simple terminology promises that you will not be bogged down with language you do not understand, or information that does not easily relate to results. Everyone wants results and the clearer the information is communicated to you the sooner the results are achieved.

## **Book Information**

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## **Customer Reviews**

Jim Hardy is the most knowledgeable teacher in golf. No other instructor has his understanding of golf swing techniques and what makes them work. If you only have one book in your golf instruction library, it needs to be this one. --Peter Jacobsen - Seven Time PGA TOUR Winner and U.S. Senior Open Champion

The game of golf is the most challenging game ever invented. Everyone who has played the game knows the frustrations of playing good golf one day and bad golf the next. With the help of Chris O Connell and Jim Hardy, my impact and release of the club has changed to allow me to play good golf day after day and become one of the top players in the world. This book will detail

the exact same information and techniques that we use together to help me play my best golf. --Matt Kuchar - Seven Time PGA TOUR Winner and Three Time Ryder Cup Player

JIM HARDY has developed a reputation for delivering clear, simple ways to understand this complex game. He was an All-American golfer at Oklahoma State and went on to play the PGA TOUR before focusing on his passion for golf instruction. As a mentor to many TOUR players, Jim has been fixing the swings of amateurs and professionals since 1977. His coaching has produced four PGA TOUR Comeback Players of the Year. Hardy is considered one of America's 50 Greatest Teachers by Golf Digest and ranked in the Top 100 Teachers list of Golf Magazine. In 2007, he was voted PGA National Teacher of the Year, in 2011 he was inducted into the Texas Golf Hall of Fame, and most recently, in 2015, was inducted into the prestigious World Golf Teachers Hall of Fame.

Mixed thoughts on the book. 1) the information in the book seems really spot-on. I am not aware of another golf instruction book that has this much detail. Probably the most informative of all of Jim Hardy's books, and all of them are quite good. 2) the images are very good overall, very informative, very helpful 3) the quality of the writing and editing of the text is rather poor overall. Several sentences, and there are lots of them, appear to have missing words and/or punctuation that makes them very difficult to understand. Given that this is an instructional/informational book, this last issue is a pretty disappointing. Bottom line: buy the book, very good overall, but be prepared to edit the text to try to figure out what a number of key sentences mean.

Excellent and informative follow up to Jim's earlier contributions. Jim is so sincere in his desire to help average golfers who in their quest for improvement are often presented with conflicting information on every aspect of the swing. In this latest book Jim identifies the two workable but diametrically opposed methods of releasing the golf club and the swing elements compatible with each. Jim might possess the most comprehensive knowledge of the golf swing of anyone teaching golf today. In his style of presentation Jim makes one feel that he is teaching you, the reader, one on one. He is humble in his approach and never talks down to the reader. He is a teacher who is always learning himself and this book ranks, in my opinion, as his best.

The information in this landmark book on improving impact and shotmaking consistency is golden. It will help you determine which type of release is right for your swing and teach you exactly how to execute it. The book is a landmark because no one has previously done what Jim Hardy does here:

identify and thoroughly explain the two fundamental ways of releasing a club to produce correct, repetitive impact. The photo illustrations are outstanding, as are the narrative explanations. Carefully chosen drills will aid you in making changes appropriate for your swing. This fine volume is testament to the fact that Jim Hardy is the perhaps the greatest scholar of the golf swing of all time. Note on Kindle version (November 17, 2016): The Kindle version has been revised to a REFLOWABLE layout, which enables text resizing and text highlighting. The original format that readers complained about had a fixed format to reflect the exact style and feel of the physical book. I anticipate that readers accustomed to Kindle layouts that enable text resizing and highlighting will like the revised version.

My golf instructor is a student of Jim Hardy so I am familiar with his style of teaching. Hardy has forgotten more about the golf swing than I will ever know. That said if you are a beginner or do not understand some basic fundamentals of the golf swing, you will have a difficult time with this book. From the eyes of me 5 yrs back before lessons, I would have had a difficult time reading this book. Get this book if you are looking for an in depth understanding of the golf swing - its great. A little wordy or repetitive at times which made me think - is this new or just a rewording of what I just read? All in all though if you want a break down of the golf release from every angle get it. After studying this (and I mean study) you should be able to understand more about your golf swing and be able to watch the weekend tournament and understand the different swings of the professional. Ex. Bubba vs DJ.

The most revealing golf book I have ever read. I'm someone who can regularly play to single numbers but then often in the high teens and have never found the root of my inconsistency. Hardy shows how the release must match your swing style and how, if it doesn't, that inconsistency is inevitable. It was a eureka moment seeing in the swing photos of leading pros Hardy uses to demonstrate the massive difference in the releases needed by one plane and two plane swingers respectively. As with his previous books, Hardy has drills to identify your particular style and how to programme in the matching release. Two caveats. This is not a book for beginners. And to gain the greatest benefit, you should read Hardy's Plane Truth Masterclass to put the release in the context of the overall swing. A suggestion to improve this book. Links in the Kindle edition slow motion videos to illustrate swing elements would be a big plus.

I read and greatly benefitted from the the first two books by JIM HARDY (THE PLANE TRUTH FOR

GOLFERS and the second one on the same subject ).This new book centers on the RELEASE and is even more eye opening :it takes you through this complex move of your swing :the RELEASE .But it's quite difficult to read and apprehend .You have to go through it slowly ,with your club in hand and read the different chapters several times to get a grasp of what the author means and describes You'll find out at the end if you are a LOA "releaser " (I am ) or an RIT one and what to do to improve ths critical part of your swing .I warmly recommend it !

First, let me say I have read and studied his original one plane/two plane book a lot. Having done that makes this book easy to understand. I found the concepts easy to apply. Reading on Kindle has to be a little more difficult because the photos are somewhat scattered. It is important to go to the range and try both releases; I found right away that the RIT release was much smoother for me. You do have to focus when reading. I did go back and read some chapters more closely. Until I read this book, I was under the impression that releasing the wrist cock was a "release," it is not. I highly reccomend. Best wishes for golfing success!

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